The Cherokee Senior

Important Dates:

8: Daylight Savings Time Begins17: St. Patrick's Day19: First Day of Spring

Georgia Cares

Call **Dianne Voss** at **(770) 345-7515** to schedule an appointment with a Medicare representative.

Georgia **Legal Aid** services are available by appointment. Please call **(770) 535-5717** to <u>schedule</u> an appointment to meet with a representative.

Canton Senior Center

1001 Univeter Road Canton, Georgia 30115 (770) 345-2675

Mon—Fri: 8:00 am—2:00 pm

*Lunch served daily

Ball Ground Senior Center

338 Groover Street
Ball Ground, GA 30107

(678) 454-5082

Tues & Wed: 9:00 am—2:00 pm

*Lunch served Tues & Wed Thurs: 10:00 am—Noon

Waleska Activity Program

Public Safety Building in Waleska: 9081 Fincher Road
Waleska, GA 30183
For more information call

(770) 345-6730

Tuesday: 10:00 am—2:00 pm

EXERCISE CLASSES

Body Recall

Monday, Wednesday, Friday: 8:30 —9:30 am

Cherokee County residents ages 50+

Boys & Girls Club Gym

1082 Univeter Road, Canton

Instructor: Nathan Brandon

PickleBall

Monday, Wednesday, Friday: **After Body Recall**Tuesday, Thursday: **8:00 am**Cherokee County residents ages 50+
Boys & Girls Club Gym/Tennis Courts

Zumba Gold Classes

Latin Dance Exercise

Tuesday: 3:00—4:00 pm

Cherokee County residents ages 50+ Cherokee County Senior Center

Instructor: Tiffany Hendrix

Senior Dance Party

Aerobic Dance Exercise

Thursday: 3:00—4:00 pm

Cherokee County residents ages 50+ Cherokee County Senior Center

Instructor: Kelly Sandt

Senior Prom

Thursday, May 14, 2020 10:00—2:00 pm Cherokee County Conference Center 1130 Bluffs Parkway, Canton

Live Music - Food - Door Prizes - Fun **RSVP required**. Contact Lisa Crowe: 770-345-2675

lacrowe@cherokeega.com



1001 Univeter Road Canton, GA 30115

Phone: (770) 345-2675

Fax: (770) 345-6737



Our Mission:

Cherokee County Senior

Services is committed to serving as a community focal point for the delivery and coordination of comprehensive social, nutritional, and information services to improve the quality of life for older adults and their families.

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Visit our website:

www.cherokeeseniors.com

Master Gardener Seminars & Workshops

For registration information, please contact the UGA Extension office

Call: (770) 721-7803

E-Mail: uge1057@uga.edu

Website:

https://extension.uga.edu/county-offices/ cherokee.html

Seminars:

Classes begin at 10:30 am

March 7: Raised Beds and Where Do They
Go Wrong
R.T. Jones Library

Workshops:

Workshops begin at 10:00 am. \$10 fee.

No March Workshops

Monday Afternoon BINGO

Every Monday 2:30 pm – 4:00 pm Cherokee County Senior Center

Games, prizes, snacks, and friends. Come join the fun! Are you interested in becoming a volunteer for Cherokee County Senior Services?

The Senior Center in Canton is looking for regular volunteers for the following:

Crafts

Exercise

Games & BINGO

Socialization

For more information, call 770-345-2675.

Open Center Afternoons:

Tuesday—Friday 2:00—4:00 pm Card games, billiards, board games, and puzzles. *Membership not required.*

Support the VAC

The Volunteer Aging Council raises money through various fundraisers and monthly luncheons. 100% of proceeds support low income seniors and senior veterans in Cherokee County.

Luncheons cost \$5.00 and are held 11:30 am-1:00 pm.

March 20—The Arbor at BridgeMill 700 Freedom Boulevard. Canton